Endless Mountain Extended Care Annual Report FY 2025-2026

Endless Mountains Extended Care, LLC (EMEC) is a small, family-owned and operated, residential drug and alcohol treatment facility for men ages 18 and over. We are located on 8 beautiful acres in the countryside of Wyoming County. Because we are small and family-owned, our counselors individualize each patient's treatment plan to fit their particular needs. Our counselors are highly educated and trained and are either licensed master's or doctoral level counselors or certified alcohol and drug counselors (CADC).

Endless Mountains Extended Care (EMEC) offers a unique program in Northeastern Pennsylvania. We are not a traditional short-term rehabilitation, and we are not a halfway house. Our program is an ASAM-aligned individualized treatment model that does not focus on merely detox and 12-steps. We integrate a comprehensive approach to treating substance use disorders along with mental health conditions and disorders. Everybody faces unique challenges in recovery, and we work with each client to design a treatment plan best suited to their individual needs. We prepare our clients for long-term success in both recovery and life through a combination of individual counseling, 12-step/SMART Recovery meetings, cognitive and rational emotive behavioral therapies, EMDR, adventure therapy, life skills development, employment coaching, and optional Medically-Assisted Treatment. We provide our patients with a person-centered, connection-oriented approach to treatment and instill the appropriate coping and life skills to help them become successful, not only in their recovery but also success with their relationships, careers, mental health, and interpersonal goals.

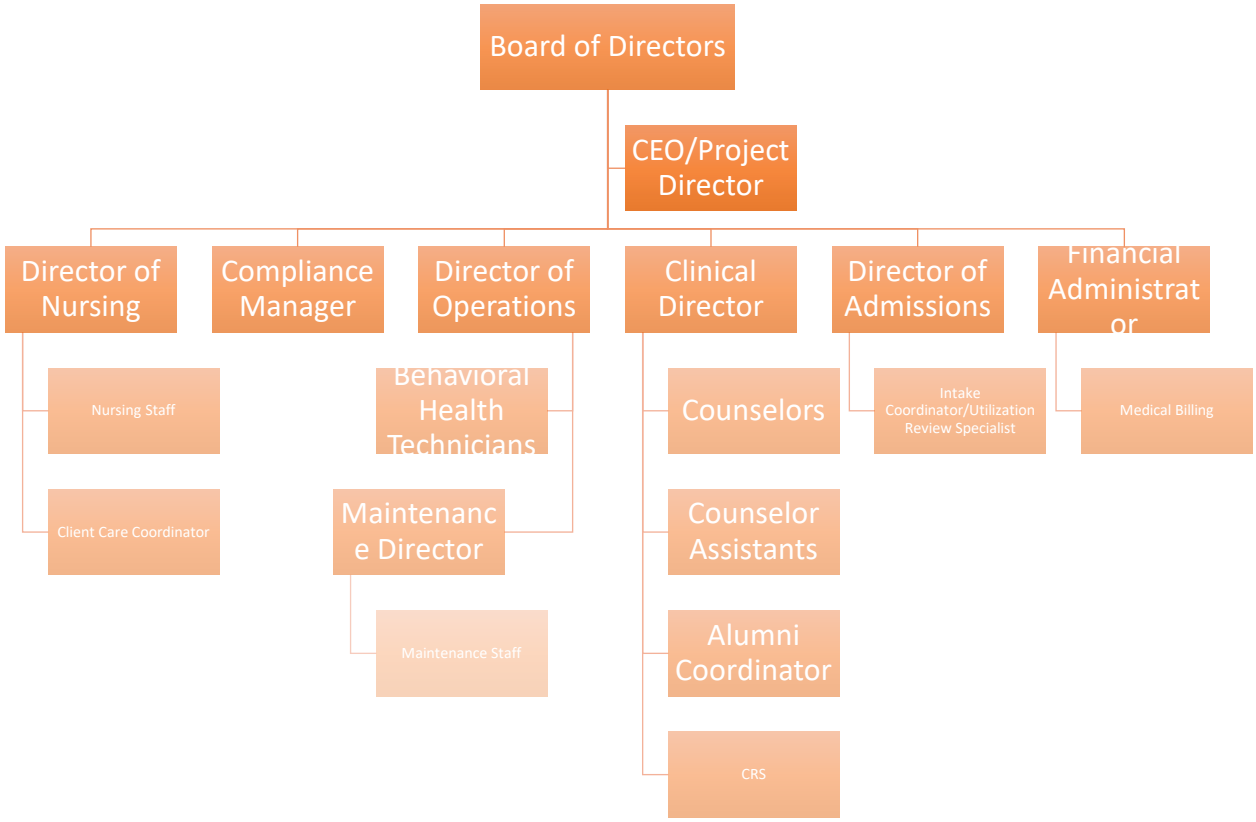
Our target population is males 18 and older with a substance abuse diagnosis and/or co-occurring mental health diagnosis. We are handicapped and deaf/hard of hearing accessible. A large portion of our patient population is referred to us from prisons, state parole, county probation, and mental health treatment facilities.

Understanding the complexities as well as the fact that there is no “one size fits all” treatment that will work for everyone struggling to maintain their sobriety, we incorporate multiple pathways to recovery as well as community re-integration into our program. Clients get to experience a variety of treatments and curriculum so that they can develop a comfortable recovery plan tailored uniquely to their needs. Recovery can’t be forced, so patients need to take an active role in their treatment – learning what works best for each of them for long-term success. Our approach helps clients follow a new path in recovery more willingly with continued success after discharge.

Endless Mountains Extended Care, LLC's organizational structure, facilitates the coordination and implementation of project activities. Endless Mountains Extended Care,

LLC attempts to create an environment that fosters interactions among all team members with the minimum amount of disruption, overlap, or conflict. Endless Mountains

Extended Care, LLC believes that its organizational structure enhances delivery of services to the patients in a seamless manner with all agency personnel working cooperatively as an effective team.



2024-2025 Accomplishments

- Helped residents achieve complete abstinence from drugs and alcohol.
- Assisted residents in regaining self-respect and self-acceptance.
- Provided residents with an active part in their treatment and choice of how they want to approach sobriety.
- Provided an environment for residents to learn and employ coping skills through a Cognitive Behavioral Therapeutic Treatment Model.
- Assisted residents in healthily reintegrating into their community.
- Helped residents achieve a better understanding of personal attributes necessary for success in education and or the workplace.
- Assisted residents in repairing family relationships and connections.
- Provided residents with opportunities for achieving financial literacy.
- Provided residents with various volunteer opportunities so that they can achieve community integration, practice interacting with others while sober, and have a feeling of happiness and accomplishment in helping others.
- Provided a complete, comprehensive discharge plan including housing, CRS services, and other needs upon discharge.
- Developed and maintained a Certified Recovery Specialist Program for clients and alumni.
- Broke ground and started renovation for Partial Hospitalization Program, IOP, and OP.
- Maintaining low staff turnover and promoting employee retention, contributing to greater stability and continuity within the program.
- Maintained credentialing with various payor types.

Goals for FY 2025-2026

- To obtain Joint Commission and CARF Accreditation.
- Continue to add new insurance carriers to service additional populations.
- To obtain OMHSAS licensure for dual-diagnosed clients.
- To utilize HR software to reach its fullest potential for staff.
- Successfully recruited and onboarded a new Director of Nursing to enhance clinical oversight and support the facility's nursing operations.
- Continue to maintain 100% compliance with the ASAM alignment review process.
- Obtain 100% compliance with DDAP Licensing.
- Continue to provide residents with multiple pathways to recovery, including 12-step meetings, SMART Recovery, and Celebrate Recovery, both in-house & in the community with staff.
- Continue and increase CRS presence for clients and alumni.
- Complete Sober House licensure and inspection.
- Complete Partial Hospitalization Program licensure and inspection.
- Provide on-site dental appointments with Langan Dental.
- Secure an on-site medical provider to decrease transportation needs and improve coordination and communication regarding residents' medical needs.
- Obtain a local mental health provider to help meet client needs and collaborate with the clinical team in diagnosing mental health disorders.
- Continue to provide residents with transportation to and from all appointments, including housing planning for discharge.
- Assist residents in connecting with community programs upon discharge, including mental health resources, AA and SMART recovery resources, CRS Services, housing, and other forms of assistance they may need.
- Continue to provide treatment to residents through counseling through weekly small group counseling and weekly individual counseling.
- Continue to teach residents basic living skills such as laundry, gardening, cooking, and cleanliness.
- Continue to provide residents with volunteer opportunities.
- Continue to provide residents with group and individual career and educational counseling to have a plan for reintegration after discharge.
- Continue to provide residents with family therapy and visitation.
- Continue to maintain credentialing with various payor types.
- Continue to assess and develop strategic growth and expansion opportunities for Endless Mountain Extended Care.

Provision of Services for FY 2024 - 2025

- 379 total admissions
- EMEC completed level of care assessments for all 379 admissions.
- Primary substance was methamphetamine, followed by alcohol, followed by opioids.
- 74.86% involved polysubstance use.

- 289 (73.68%) successfully completed treatment
- 50 (13.22%) left against medical advice
- 19 (5.02%) were administratively discharged from treatment
- 20 (5.29%) were transferred

- 88.91% Caucasian
- 6.3% African American
- 4.74% Hispanic